

2016
Womens Basketball Championship
May 12th – 14th



WELCOME TO PORIRUA

Hosted By:



Porirua Basketball Association

Welcome

On behalf of the Porirua Basketball Association, welcome to Porirua. We are pleased to host this event and look forward to seeing your team compete. If at any time you require any assistance pre, during or post event please do not hesitate to ask. This booklet is an introduction to our great city and suppliers who support our Association. We would appreciate your support in choosing these suppliers.

Contact Details

| | | |
|-----------------|---|---|
| Willie Taurima | Te Rauparaha Arena & Porirua Basketball Association | wtaurima@pcc.govt.nz +64 (0)27 6752346 |
| Deslea Wrathall | Porirua Basketball Association | deslea@outlook.co.nz +64 (0)27 2448141 |

In and Around Porirua

Getting To Porirua

Porirua City is located 34 minutes north of Wellington. Transport to and from Porirua City is easily accessible via train, bus and car. All domestic and international flights depart and arrive from the Wellington domestic/international Airport. There are five rental car agencies located at the Wellington Airport.

Porirua City is well serviced by local transport operators. Trains and buses are available:

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|---|--|
| Greater Wellington Trains - Metlink | www.metlink.org.nz |
| Suburban Train Services – TranzMetro | www.tranzmetro.co.nz |
| Local Bus - Mana Coach Services Limited | +64 (0)4 2358819 |
| Taxi Service - Porirua Taxis | +64 (0)4 2376099 |

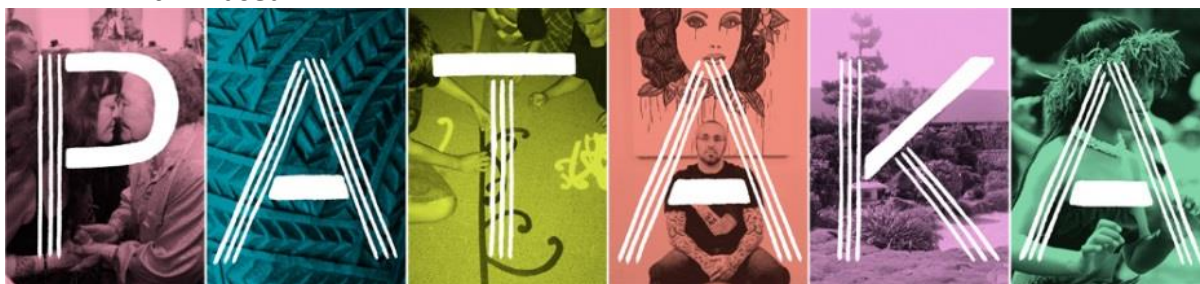
Eating Out in Porirua City

A selection of the restaurants and cafes are spread out through Porirua City. There are also licensed bars which serve counter food and meals. The North City Shopping Centre has a food court with a wide variety of buffet type food, and there are several other cafes dotted around the centre. Some establishments take online and phone orders. For more information please visit <http://www.poriruanz.com/visiting>.

Activities and Attractions In Porirua City

A range of activities and attractions are spread out through Porirua City; cycling, golfing, bowling, movies, go karting, sailing, library and tours. For more information please visit <http://www.poriruanz.com/visiting>.

PATAKA Art + Museum



Has become the cultural heart of Porirua City, opened in 1998. In the 12 years since then the museum and gallery, which is about 15 minute drive from central Wellington, has developed a reputation for showcasing the best in contemporary Maori and Pacific Arts, as well as contemporary New Zealand, Asian and international arts & culture.

North City Shopping Centre



North City Shopping Centre is one of the largest indoor shopping malls in the lower North Island and is located within easy reach of State Highway 1 in Porirua City. The Centre is conveniently located near rail and bus services and boasts over 1,300 free car parks. It is home to stores such as K-Mart and Farmers, a host of boutique outlets and national chains as well as a modern food court that caters for all tastes.

The Centre's modern hands-free toilet facilities are located on the upper and lower levels. Both feature award-winning parents' rooms, equipped with changing facilities, separate feeding cubicles, bottle warmers, microwaves and toddlers' toilets – all for parents' convenience.

Porirua Saturday Market

The Porirua Saturday market operates on Saturday mornings in Waitangirua Mall car park Warspite Ave is run by the Lions Club of Titahi Bay. It opens at 12 midnight on Friday and closes at 12 midday on Saturday.

Fresh food, fruit and vegetables from the southern half of the North Island is available, including organic vegetables from our very own Te Rito Gardens. The market also enjoys it's our very own butcher, Stewart Island Smoked Salmon, the Beekeeper's Honey and Ambrosia Bakery who sell a wonderful range of French pastries and breads. Good coffee is guaranteed along with a delicious range of food which can be enjoyed at the market's very own tables and chairs.



Porirua Saturday Market continues to boast a wonderful range of ethnic foods. It's a fun place to stock up your pantry and bring the family for breakfast or brunch.

Stadium Information

Te Rauparaha Arena

17 Parumoana Street, Porirua

Phone: +64 (0)4-2371521

Email: terauparaha-arena@pcc.govt.nz

Website: www.terauparaha-arena.co.nz



Te Rauparaha Arena is located in the heart of Porirua's central business district, and is managed by Porirua City Council. The Arena is situated on Te Rauparaha Park next to the Porirua skate park, is adjacent to Pataka Museum of Arts and Cultures, and the Porirua Library where you can visit latest exhibitions, or have a coffee.

The name Te Rauparaha Arena comes from the original great chief of Ngāti Toa and leader of Ngāti Raukawa – Te Rauparaha. In 1821 he played a prominent role in the migration of the Ngāti Toa to the Kapiti Coast. Te Rauparaha was one of the Maori chiefs that signed the Treaty of Waitangi in 1840.

This facility includes indoor stadium spaces, meeting rooms, lecture theatre, café, Sports Medicine Clinic and an Aquatic Centre including hydro slide, wave pool, lazy river, spas, sauna and steam rooms, lane pool and toddler's pool. The gymnasium spaces have ceiling mounted heating and full audio capabilities.

Mana Community Grants Foundation (MCGF) Stadium



The MCGF stadium is the heart of the arena. With a floor space of 2495 square metres (3 x full size courts), it can be configured to cater for:

- Sporting events seating up to 2000 people
- Exhibitions holding 420 booths of 3m x 2m
- Concerts seating up to 3000 people
- Banquets seating up to 1500 people

The MCGF stadium has acoustic ceiling panels, a high quality audio system, two banks of retractable seating and six exits onto Te Rauparaha Park for indoor/outdoor events.

NZCT Stadium



The NZCT stadium has a floor space of 857 square metres (1x full size court). This stadium can be configured to cater for:

- Sporting events seating up to 80 people or a training venue
- Banquets seating up to 300 people
- Exhibitions holding 140 booths of 3m x 2m
- Concerts seating up to 500 people

Aquatic Centre



The Arena Aquatic Centre is a heated indoor centre, with the following features:

- 25 metre 7 lane swimming pool
- Free form wave and leisure pool
- Toddlers pool
- Spa pools
- Sauna and Steam Rooms
- Hydro slide and Lazy River

The lane pool is heated to 27 degrees, the wave pool is heated to 30 degrees, spas and toddlers pools are heated to 35 degrees. We have family and communal changing rooms, with hot showers and toilet facilities. All our staff are first-aid trained.

Arena Health and Sports Medicine



Arena Health and Sports Medicine boasts a range of health professionals including Physiotherapists, Exercise physiologists, a Podiatrist, Nutritionist and Massage Therapists.

Phone: +64 (0)4 2389181

ProActive Physio

ProActive is an injury rehabilitation organisation that applies the very latest thinking to injury management and wellness programmes. ProActive is located in the foyer of Te Rauparaha Arena. Their service charges are the team's responsibility.

Changing Rooms

The tournament has been allocated four changing rooms. These changing rooms are located in front of court 2. Please do not leave gear in the rooms.

Team Training

To arrange team trainings, please make contact with Deslea Wrathall
deslea@outlook.co.nz

Game Court

Two game courts will be used for the Championship. Court 1 and 2 is located in the main stadium called the Mana Community Grants Foundation (MCGF) Stadium.

WBC Prize Giving and Dinner

The dinner is located across the corridor from court 2 and 3, in the small stadium called the NZCT Stadium. All teams will receive 12 player and 3 management passes to the dinner. If you require any extra passes these can be purchased at \$40 per person. Please notify Porirua Basketball Association by Friday 6th May.

Door Sales

The event is free to spectators and teams.

Parking

Free parking facilities are available at all accommodation venues and at the stadium.

Swimming Pool at Te Rauparaha Arena

Appropriate swimming gear must be worn. Teams cannot swim in their uniforms.

Ice

Each team can access ice for games only and is located in a freezer inside the First Aid room.

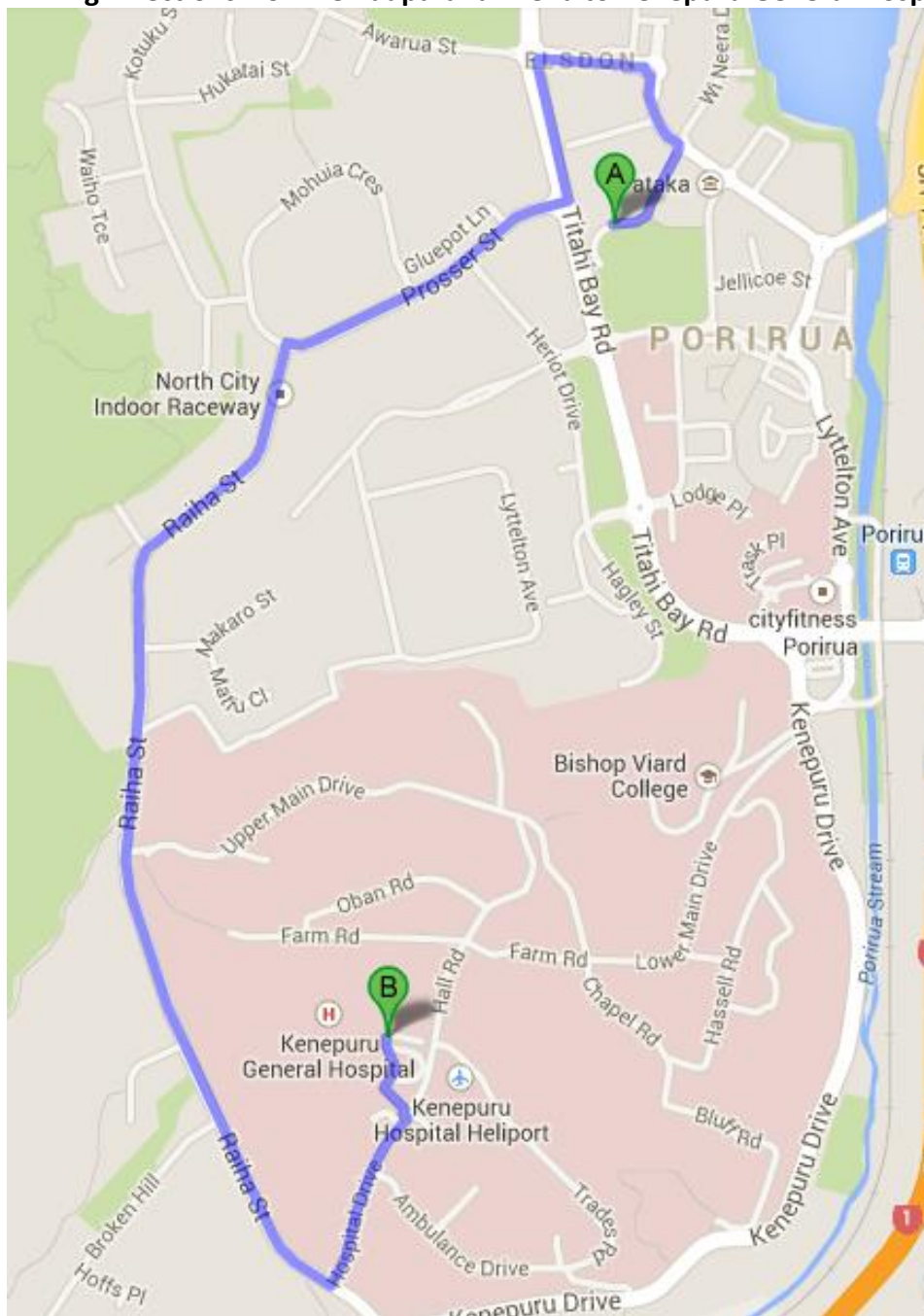
Medical Assistance**• Outside Competition**

- Porirua Metro Pharmacy - next to Pakn'Save at 16 Parumoana Street, Porirua.
- Kenepuru Hospital - a community hospital located at 16 Hospital Drive, Kenepuru, Porirua. Map provided below.
- Emergency Dental Care - 7 Days a week - Symes Da Silva and Associates, Courtney Place, Wellington Ph: +64 (0)4 8015551
- Closest to Porirua but only open Monday – Saturday Alternate Health, 21 Burgess Road, Johnsonville Ph: +64 (0)4 9202809
- 7 Day 24 hour Medical Health Line free phone 0800 611116

Emergency Services

111 is the emergency number for Police, Fire and Ambulance.

Driving Directions from Te Rauparaha Arena to Kenepuru General Hospital



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|----------|---|--------|
| A | Te Rauparaha Arena and Aquatic Centre 17 Parumoana St, Porirua | |
| | 1. Head northwest on Parumoana St | 120 m |
| | 2. At the roundabout, take the 1st exit onto Semple St | 200 m |
| | 3. At the roundabout, take the 1st exit onto Titahi Bay Rd | 250 m |
| | 4. Turn right onto Prosser St | 550 m |
| | 5. Turn left onto Raiha St | 1.8 km |
| | 6. Turn left onto Hospital Drive | 300 m |
| | 7. At the roundabout, take the 1st exit onto Gates Rd Partial restricted usage road | 170 m |
| B | Kenepuru General Hospital Porirua | |



For all enquiries and more information, please contact:

i-SITE Visitor Information Centre
 Under the Canopies
 8 Cobham Court
 Porirua City, New Zealand
 Ph +64 4 237-8088