





# INTRODUCTION COACH DEVELOPMENT

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#### INTRODUCTION

The recruitment, development and retention of basketball coaches is vital for the game of basketball at all levels.

This Coach Development Programme provides a comprehensive development pathway from helping run Kiwi Hoops games to being the Tall Ferns or Tall Blacks coach.

This programme has been developed by leading New Zealand coaches working with basketball associations. It has been developed from the Basketball New Zealand (BBNZ) All of Basketball Plan, and aligns our coach framework with player and referee frameworks, competitions and tournaments.

The All of Basketball Plan places the player at the centre of our Coach Development Programme. It is the role of the coach to provide players of all ages with the best possible sporting experience that will help ensure their continued participation and development in basketball.

Coaches need to be able to understand and coach the skills relevant to the level of the player they are coaching, and just as importantly, be able to interact with players in a positive way.

The Coach Development Programme provides a curriculum with four BBNZ levels: Kiwi Hoops, Community, Performance and High Performance.

Within each level there are three development stages:

- Foundation Course
- Learning Modules
- · Advanced Modules

## **Kiwi Hoops Coach**

This level is for coaches of primary school age players (ages 5 to 13) in schools, clubs and associations. Local basketball associations are responsible for the training and development of these coaches.

## **Community Coach**

This level is for coaches of secondary school players (ages 13 to 18) and adult players in clubs and associations. Local basketball associations are responsible for the training and development of these coaches.

#### Performance Coach

For coaches of representative regional teams (ages 13 to 19). Local basketball associations are responsible for the training and development of these coaches.

## **High Performance Coach**

This level is for coaches of (and those aspiring to coach) regional and national talent programme and national team players. BBNZ accredited trainers are responsible for the training and development of these coaches.





Progress through the levels in the curriculum is achieved by a mixture of courses, modules and practical sessions. Each stage aims to equip coaches with the technical skills and practical know-how to coach at the relevant level of competition.

Formal development through courses and modules is supported by informal learning available to coaches through a range of opportunities.

The next section provides a summary of the BBNZ Coach Strategy. This is followed by a full description of each stage including course content and outcomes.

#### **BACKGROUND**

The last 10 years have seen basketball in New Zealand go through a rollercoaster ride of change with early success followed by less than impressive results. The fast changing landscape of basketball means we have to implement straight forward and dynamic change to ensure we remain competitive on the international stage. The development of competent basketball coaches is critical for the development of basketball players and their enjoyment at all levels of play.

Societal changes have led to parents, teachers and volunteers having less time and resource to devote their energies to coaching and coach development. Rather than making coaching more complex and difficult for our coaching communities this programme aims to ensure coach development is simple, transparent, effective and enjoyable.





#### THE BBNZ COACHING STRATEGY

#### **Our Vision**

To develop a world leading coaching environment that enables coaches to meet the needs of our athletes from Kiwi Hoops to the Tall Ferns and Tall Blacks.

### **Our Philosophy**

To develop coaches that reflect attributes of integrity, excellence, teamwork, respect, communication, partnerships and innovation.

## **Programme Objectives**

To provide a development framework that promotes ongoing growth, encompassing flexible, accessible and relevant opportunities that are integrated with coaching practice within all basketball communities.

## **Programme Overview**

The Coach Development Framework recognises that coaches develop in a variety of ways and ensures that there is a diverse range of learning opportunities available to basketball coaches in New Zealand. These opportunities are both formal and informal, are suited to the coaches' level of development and have a practical application to their coaching practice. Additionally these development opportunities encourage the coach to take an athlete centred approach to their practice.

The Coach Development Framework will be underpinned by a series of core coach development principles:

- · The Game
- Vision and Philosophy
- Training
- Management
- Basketball Knowledge

Four key basketball coaching communities have been identified and form the basis of the framework.

- Basketball Knowledge
- · Kiwi Hoops Coach
- · Community Coach
- Performance Coach
- High Performance Coach

Within these communities development opportunities will be grouped into key basketball learning areas and each learning area will have key learning outcomes.

Coaches will be required to complete a compulsory Coaches' Safety Net on-line module focusing on safe coaching practice.

Coaches will be supported and recognised for developing within coaching communities (horizontal development), as well as moving up into new coaching communities (vertical development).

COACH



## THE BBNZ COACHING MODEL

The BBNZ coaching model is presented as a "stadium environment" where 'THE GAME' is at the centre (basketball court) and is the focus point. It is surrounded by the end lines and side lines key principles.



#### **The Game**

'The Game' is at the centre of the whole model as it is the focus of everything a coach does. It all begins and ends with the game of basketball.

## **Training**

The 'end-lines' are the game-day competencies, a vital part of the coach's 'toolbox'. To the left is 'TRAINING'. There are specific competencies required to be an effective coach on the court. Put simply, the coach's work during training is only effective if it leads to improved performance during the game.

## **Management**

To the right-hand side of the model is 'MANAGEMENT'. Since the coach, regardless of the level at which they work is constantly interacting with others (communicating, leading, etc), they need to develop competencies to improve their effectiveness.

The side lines represent the direction and foundation that support and guide the development of coach competencies.

## Basketball Knowledge

BBNZ coaching strategy.

Vision and Philosophy

The top 'side-line' is the overarching 'compass'

that guides the coach. The almost infinite depth of

basketball knowledge available can lead to a lack

exercises and so many examples of coaching

methods. That is why 'Vision and Philosophy'

overarches the whole model. Based on their own

a strong personal philosophy on basketball and a

clear vision on how they want their team to play. A

solid vision and philosophy is developed after many years of experience and should be based on the

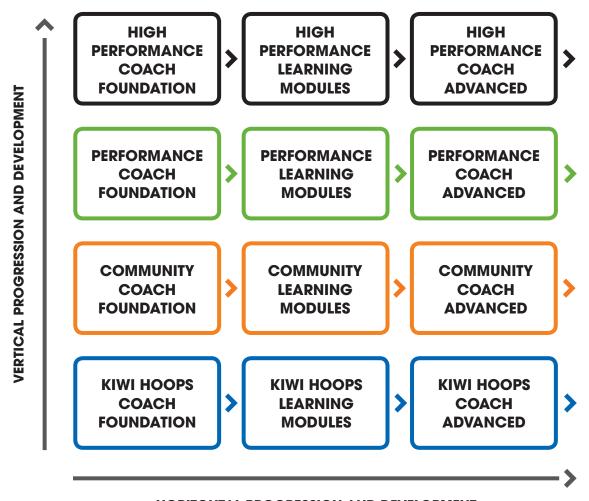
experience and preference the coach must develop

of clear direction. There are so many different ways of playing basketball, such a huge variety of training

The bottom 'side-line' contains the foundation of basketball knowledge. A broad knowledge of the game of basketball is absolutely essential for coaches working in the Kiwi Hoops, Community, Performance and High performance levels. Basketball knowledge can be developed in many ways, including playing, coaching, analysing and discussing basketball. The process of gaining basketball knowledge is a never ending lifelong journey.



## BASKETBALL NEW ZEALAND COACH DEVELOPMENT PROGRAMME - PATHWAY



HORIZONTAL PROGRESSION AND DEVELOPMENT

The above diagram illustrates the BBNZ Coach Development Programme with development stages along each level

- Coaches can develop through the stages of each level (horizontal development) and then develop
  up to the next level (vertical development).
- A coach may choose to remain at one level and continue their development to be the best coach they can be at that level.
- A coach may aspire to develop up through the levels with the goal of coaching at national tournaments, and ultimately as a national coach at the high performance level.

Please note that the words referee and official are used interchangeably through this document.





## BASKETBALL NEW ZEALAND COACH DEVELOPMENT PROGRAMME - SUMMARY

The Basketball New Zealand Coach Development Programme consists of four levels. Within each level are three stages: the foundation course, learning modules and advanced modules.

## **Kiwi Hoops Coach**

This level is designed for anyone new to coaching with a focus on primary and intermediate school aged players (5 to 13 year olds) in schools, clubs and associations. It is a fun user friendly introduction to basic coaching with a focus on helping to provide fun and participation for young players. The aim of this level is to keep the role of the coach as simple and easy as possible, providing coaches with a positive sporting experience. This level is delivered by Associations using BBNZ Accredited Trainers.

## **Community Coach**

This level is designed for coaches wanting to coach secondary school aged players (13 to 18 year olds) or club basketball. This level aims to equip participants with a good understanding of the game and role of a coach at community level. The aim of this stage is to keep the role of the coach as simple and easy as possible, while providing coaches with the tools and skills to develop players. This level is delivered by Associations using BBNZ Accredited Trainers.

#### **Performance Coach**

This level is designed for coaches who want to coach at national age-group championships and is also recommended for coaches in secondary school premier leagues, premierships and other inter-association or zone level basketball. This level aims to equip participants with an advanced understanding of the game and role of a coach at representative level. This level is delivered by BBNZ or Associations using BBNZ Accredited Trainers.

## **High Performance Coach**

This level is for coaches who coach or aspire to coach in regional and national talent programmes and national teams. Coaches at this level are equipped with knowledge and skills to coach teams with the goal of international success. This level is delivered by BBNZ using BBNZ Accredited Trainers.





#### KIWI HOOPS COACH

### **Purpose**

This level is designed for anyone new to coaching with a focus on primary and intermediate school aged players (5 to 13 year olds) in schools, clubs and associations. It is a user-friendly introduction to basic coaching with a focus on helping to provide fun and participation for young players. The aim of this level is to keep the role of the coach as simple and easy as possible, providing coaches with a positive sporting experience.

#### **Format**

Kiwi Hoops Coach incorporates three stages that are based and assessed at an Association level. It is the responsibility of the Association to educate and manage the progress of coaches through this level.

## Who should participate?

Kiwi Hoops Coach is ideal for anyone new to basketball or coaching with a focus on primary school age miniball and basketball. Participants include parents, teachers, students and basketball players.

## **Kiwi Hoops Coach: Foundation**

This stage focuses on the basics of coaching basketball:

- Online Getting Started
- Basic Injury prevention and management
- Basic rules
- Basic fundamental skills
- · Planning a basic beginners session

## **Course duration and delivery**

One 2 hour course delivered by Associations using BBNZ accredited trainers.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Use a player-centred approach to coach and communicate with young people.
- Deliver a fun experience for young players.
- Ensure the rules of the game appropriate to the level of game at which they are coaching are applied correctly.
- Use communication techniques appropriate to coaching at a junior community level.
- Plan and implement a basic beginners session

## **Prerequisites**

No previous basketball or coaching experience is needed.

#### **Accreditation**

Participants who complete the course will be accredited and recorded on the Basketball New Zealand database as having completed the Kiwi Hoops Coach Foundation course.





Participants will receive electronic copies of the Kiwi Hoops programme resources and will be provided with access to the Community Coaching section on the Basketball NZ website for further resources, development and networking opportunities.

#### Cost

Course costs will be set by the host Association.

## **Kiwi Hoops Coach: Learning Modules**

This stage incorporates two learning modules which focus on fundamental movement and basketball skills in the foundation area. Participants are required to attend both modules and complete the assessment components of each module to gain competency.

These modules are designed for coaches of 7 to 10 year olds who have completed the foundation course and would like to develop their coaching skills further.

Module 1	Fundamental Skills: Movement, Shooting, Passing, Dribbling and Rebounding
Module 2	Individual Offense and Individual Defence., Team Offensive/Defensive Principles and Large group management.

## **Module duration and delivery**

Two 2 hour modules delivered by Associations using BBNZ accredited trainers.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Apply basic individual defensive/offensive skills.
- Apply basic team defensive/offensive skills.
- Coach and teach basic fundamental skills and progressions.
- Manage large groups.

## **Prerequisites**

Completion of Kiwi Hoops Coach Foundation course

#### **Accreditation**

Participants who complete the course will be accredited and recorded on the Basketball New Zealand database as having completed the Kiwi Hoops Coach Learning Modules.





Participants will receive electronic copies of the Kiwi Hoops Learning Module resources.

#### Cost

Course costs will be set by the host Association.

## **Kiwi Hoops Coach: Advanced Modules**

This stage incorporates two extension modules which focus on advanced skill development in the foundation area. Participants are required to attend both modules and complete the assessment components of each module to gain competency.

These modules are designed for coaches of 10 to 13 year olds who have completed the foundation course and learning modules and would like to develop their coaching skills further.

Module 1	Refined Skill Progression: Shooting, Passing, Dribbling, and Rebounding	
Module 2	Refined Individual Defence, Individual Offense. Team Offense/Team Defence	

## Module duration and delivery

Two 2 hour modules delivered by Associations using BBNZ accredited trainers.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Apply and refine individual defensive/offensive skills.
- Apply and refine team defensive/offensive skills.
- Coach and teach refined shooting, passing/receiving, ball handling/dribbling and rebounding skills.

## **Prerequisites**

Completion of Kiwi Hoops Coach Foundation and Learning Modules.

#### **Accreditation**

Participants who complete the course will be accredited and recorded on the Basketball New Zealand database as having completed the Kiwi Hoops Coach Advanced Modules.

#### Resources

Participants will receive electronic copies of the Kiwi Hoops Advanced Modules resources.

#### Cost

Course costs will be set by the host Association.





#### **COMMUNITY COACH**

### **Purpose**

The aim of the Community Coach level is to keep the role of the coach as simple and easy as possible, as well as provide coaches with a positive competitive experience in the development coaching environment.

#### **Format**

Community Coach incorporates three stages that are based and assessed at an Association level. It is the responsibility of the Association to educate and manage the progress of coaches through this level.

## Who should participate?

The Community Coach Programme is designed for coaches wanting to coach basketball at club and secondary school level. Participants include; parents, teachers, students and basketball players.

## **Community Coach: Foundation**

This course focuses on:

- · Core Competencies (Online Getting started)
- Basic rules
- Basic skills
- Basic tactics of the game
- ACC Sportsmart (Injury prevention and management)

## Course duration and delivery

Two 2 hour modules (or one 4 hour course), delivered by Associations using BBNZ accredited trainers.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Use a player-centred approach to coach and communicate with young people.
- Deliver a fun experience for young players.
- Ensure the rules of the game appropriate to the level of game at which they are coaching are applied correctly.
- Use communication techniques appropriate to coaching at a junior community level

## **Prerequisites**

Completion of the Kiwi Hoops Foundation course.

#### **Accreditation**

Participants who complete the five modules will be accredited and recorded on the Basketball New Zealand database as having completed the Community Coach Foundation course.





Participants will receive electronic copies of the Community Coach Programme resources and a basic club coach drills manual. Participants will also be provided with access to the Community Coaching section on the Basketball NZ website for further resources, development and networking opportunities.

#### Cost

Course costs will be set by the host Association.

## **Community Coach: Learning Modules**

This stage incorporates three learning modules that focus on advanced skill development and drills. Participants will attend and complete the assessment components of the module to gain competency.

Module 1	Advanced Shooting, Passing, Dribbling skills.
Module 2	Rebounding Skills. Individual Offense and Individual Defence.
Module 3	Team Offensive/Defensive Principles.

## **Module duration and delivery**

Three 2 hour modules delivered by Associations using BBNZ accredited trainers.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Use a player-centred approach to coach and communicate.
- Deliver a fun experience for community players.
- Ensure the rules of the game appropriate to the level of game at which they are coaching are applied correctly.
- Use communication techniques appropriate to coaching at a community level.
- Develop and refine individual/team skill development.

## **Prerequisites**

Completion of Community Coach Foundation course.

#### **Accreditation**

Participants who complete the Community Coach Learning Modules will be accredited and recorded on the Basketball New Zealand database as having completed the Community Coach Learning Modules.





Participants will receive electronic copies of the Community Coach Learning Modules resources.

#### Cost

Course costs will be set by the host Association.

## **Community Coach: Advanced Modules**

This stage incorporates one module and completion of a practical block. The module focuses on different coaching styles and the different contexts they can be used in. The practical block includes coaching team/teams to gain experience in training sessions.

Module 1	Coaching Styles.
Practical Block	Gaining club/secondary school coaching experience.
Practical Block	Plan, conduct and review a minimum of three training sessions for club level players and vary these sessions to meet player needs and changing circumstances. Sessions should include team offensive and defensive principles and lead to game application and review.

## **Module duration and delivery**

The Community Coach Advanced stage is made up of one 2 hour Module and one Practical Block 12 hours.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Adapt their coaching style to the meet and suit the needs of their participants.
- Plan conduct and review an effective series of coaching sessions to meet the team offensive/ defensive objectives.

## **Prerequisites**

Completion of Community Coach Foundation course and Learning Modules.

#### Accreditation

Participants who complete this stage will be accredited as a BBNZ Community Coach and will be recorded on the Basketball New Zealand database as having completed the Community Coach Advanced Modules.

#### **Resources**

Participants will receive electronic copies of the Community Coach Advanced Module resources.

#### Cost

For more Course vs onts rivill she set by the host Association





#### **BBNZ PERFORMANCE COACH**

## **Purpose**

The aim of the Performance Coach level is to develop coaches of teams competing at regional and national age group tournaments. The focus is on building on the foundations established at the community levels and developing advanced skills in the five key principles of the BBNZ coaching model.

#### **Format**

The Performance Coach Level incorporates three stages that are facilitated and assessed by BBNZ accredited trainers.

## Who should participate?

The Performance Coach Level is designed for those working with association or zone representative players. It is a requirement for coaches aspiring to be part of regional and national talent programmes, squads and teams.

#### **Performance Coach: Foundation**

This course focuses on:

- Core Competencies
- · Competitive coaching
- Advanced skills
- Representative level tactics of the game
- ACC Sportsmart (Injury prevention and management)

## **Course duration and delivery**

Two 2 hour modules. Delivered by BBNZ accredited trainer.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Use a player-centred approach to coach and communicate.
- Deliver a fun experience for young players.
- Ensure the rules of the game appropriate to the level of game at which they are Coaching are applied correctly.
- Use communication techniques appropriate to coaching at a representative level.

## **Prerequisites**

Completion of the Community Advanced Coaching level

**NB:** Ex NBL and WBC coaches who have not completed the Community Coach stage are only required to complete the core competencies and ACC Sportsmart modules. Coaches who have completed the Community Advanced Course are only required to complete the Representative tactics module.





#### **Accreditation**

Participants who complete the course will be accredited and recorded on the Basketball New Zealand database as having completed the Performance Coach Foundation Course.

#### **Resources**

Participants will receive electronic copies of the Performance Coach Foundation Modules, basic performance representative coach drills manual and will have access to the BBNZ secure online coaching resources for the performance level.

#### Cost

Course costs will be set by provider (BBNZ, Zone or Association).

## **Performance Coach: Learning Modules**

This stage incorporates three modules that focus on key elements of skill development in the performance/representative level.

Module 1	Performance shooting, passing and dribbling skills.
Module 2	Performance rebounding skills. Individual offensive and defensive skills.
Module 3	Performance Team offensive and defensive principles

## **Module duration and delivery**

Three 2 hour modules. Delivered by BBNZ accredited trainer.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Develop, improve and refine individual offensive and defensive skills.
- Develop team strategies and tactical concepts.

## **Prerequisites**

Completion of Performance Coach Foundation course.

#### Accreditation

Participants who complete this stage will be accredited and recorded on the Basketball New Zealand database as having completed the Performance Coach Learning Modules.





Participants will receive electronic copies of the Performance Coach Learning Modules.

#### Cost

Course costs will be set by provider (BBNZ, Zone or Association).

#### **Performance Coach: Advanced Modules**

This stage incorporates two modules and a practical block that focus on the planning, implementation and delivery of a series of progressive performance coaching sessions in preparation for tournament play.

Module 1	Coaching methods.
Module 2	Tournament Coaching Module.

## **Module duration and delivery**

One 1 hour module

Two 4 hour modules (conducted during a Regional or National secondary Schools tournament)

## Key competencies covered

At the completion of this stage, participants will be able to:

- · Use a variety of coaching methods.
- Prepare a representative team for the rigours of playing at a regional or national tournament.

## **Prerequisites**

Completion of Performance Coach Learning Modules.

#### **Accreditation**

Participants who complete this stage will be accredited and recorded on the Basketball New Zealand database as a BBNZ Performance Coach.

#### Resources

Participants will receive electronic copies of the Performance Coach Advanced Modules. They will also have access to a secure section on the BBNZ website for additional resources.

#### Cost

Course costs will be set by provider (BBNZ, Zone or Association).





#### BBNZ HIGH PERFORMANCE COACH

## **Purpose**

The High Performance Coach Programme is for coaches who wish to be considered as potential "Master Coaches" in the Regional and National Talent Programmes. This coaching level is the pinnacle of the BBNZ coach programme and the content of the programme is highly specialised.

#### **Format**

The High Performance Coach Level incorporates three stages that are facilitated and assessed at a national level.

## Who should participate?

Coaches that want to gain accreditation at the High Performance coaching level, and are working with elite athletes in the Regional and National Talent Programmes, and ultimately, the national teams.

## **High Performance Coach: Foundation**

This stage has two modules that focus on the key areas of role of the High Performance Coach and development of the Regional Talent Programme.

Module 1	The Role of the High Performance Coach.
Module 2	BBNZ Regional Talent Skills and Tactics Programme.

## **Course duration and delivery**

One 2 hour module delivered by BBNZ accredited trainer. One 4 hour module delivered by BBNZ accredited trainer.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Explain the roles and responsibilities of the High Performance Coach in their area of specialisation.
- Develop and refine and the BBNZ Regional Talent Skills and Tactics Programme.

## **Prerequisites**

Completion of the Performance Coach Foundation, Learning and Advanced Modules.

## **Accreditation**

Participants who complete this stage will be accredited and recorded on the BBNZ database as having completed the High Performance Foundation Coach level.





Participants will have access to the BBNZ Regional Talent Programme online coaching resources.

#### Cost

To be determined and are dependent on factors such as cost of resources, coach certification, share of presenter fee, facility and equipment hire costs.

## **High Performance Coach: Learning Modules**

This stage has three modules that focus on the key areas of annual planning and programming, BBNZ High Performance Advanced Skills programme, media training and information technology.

Module 1	BBNZ HP Advanced Skills and Team Tactics Programme.
Module 2	Communications and Media Training.
Module 3	Information Technology.

## **Module duration and delivery**

Three 4 hour modules delivered by BBNZ High Performance Manager/Coach Director.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Analyse, teach and correct advanced skills, team tactics and strategies in an innovative manner.
- · Manage media interviews and engagements.
- Use advanced game analysis and review skills to evaluate and improve performance.

## **Prerequisites**

Completion of the High Performance Coach Foundation Modules.

#### Accreditation

Participants who complete the High Performance Coach Learning Modules will be accredited and recorded on the BBNZ database as having completed the BBNZ High Performance Coach Learning Modules.

#### **Resources**

Coaches will receive electronic copies of the course material and have access to a secure section in the BBNZ High Performance Programme on the BBNZ website.

#### Cost

Course costs will be set by provider (BBNZ, Zone or Association).





## **High Performance Coach: Advanced Modules**

This stage has four modules that focus on the key areas of annual planning and programming, BBNZ High Performance skill programme, advanced media training and information technology.

Module 1	Coach Development.
Module 2	Integrity in Sport.
Module3	Periodisation and integrated planning.
Module 4	Administration and Management.

## **Module duration and delivery**

Two 4 hour modules delivered by BBNZ accredited trainer.

Two 2 hour modules delivered by BBNZ accredited trainer.

## Key competencies covered

At the completion of this stage, participants will be able to:

- Implement measures to evaluate and continuously improve their own performance, the performance of support staff and staff in linked development programmes and, where appropriate.
- Managing Risk during training, competition and travel.
- Design a long term plan for a program and a career plan for individual players.
- Use high level administration and program management skills to manage a world's best practice program and evaluate the program against current international best practice.

## **Prerequisites**

Completion of the High Performance Foundation Coach stage.

#### **Accreditation**

Participants who complete the High Performance Coach Advanced Modules will be accredited and recorded on the BBNZ database as a BBNZ High Performance Coach.

#### Resources

Coaches will receive electronic copies of the course material and have access to a secure section in the BBNZ High Performance Programme on the BBNZ website.

#### Cost

To be determined and are dependent on factors such as cost of resources, coach certification, share of presenter fee, facility and equipment hire costs.





## **EXTENSION MODULES AND INFORMAL LEARNING**

#### **Extension modules**

The BBNZ Coach Development Programme includes a number of add-on modules for specialist areas. The following modules will be developed:

#### 3X3

The 3X3 module will be designed for coaches of 3X3 basketball at the community level. This course will cover the key aspects of coaching 3X3 games. Participants should have completed the Community Coach course prior to the module. BBNZ may develop a Performance 3X3 Coach course in future.

#### Wheelchair

The Wheelchair module will be designed for Wheelchair Basketball coaches at any domestic level. This course will cover all key aspects of coaching wheelchair players. Participants should have completed the Community Coach course prior to the module. BBNZ will develop this course in partnership with Wheelchair Basketball New Zealand.

## **Programme Overview**

In addition to the formal development opportunities in the Coach Development Programme, a range of informal learning opportunities are available to help coaches improve their performance and involvement with the coaching community. These opportunities include:\

- · Workshops and support offered by local Associations and BBNZ staff.
- Workshops and support at BBNZ national tournaments.
- · Workshops offered by regional sports trusts (coaches and general sport workshops) and HPSNZ.
- Online resources e.g. Sport New Zealand, FIBA.

BBNZ may offer additional informal learning opportunities for coaches in the future, based on feedback and needs of the coach community.





#### SUPPORTING POLICIES

Where required BBNZ will develop policies and procedures to support the implementation of this Coach Development Programme.

## Recognition of Prior Learning (RPL) and Recognition of Current Competence (RCC)

If a coach considers they have already acquired the competencies of any stage/grade of the BBNZ Coach Development Curriculum, they may apply to have these skills recognised.

BBNZ will develop an application form and process for RPL/RCC requests.

Applicants must demonstrate clear evidence of competence at all competencies of the relevant stage/grade. This includes the technical competencies and also the player-centred approach outlined in this curriculum. For course RPL/RCC supporting documentation from the relevant international body may be required.





#### BBNZ COACH DEVELOPMENT PROGRAMME DELIVERY

#### Introduction

Ensuring best practice in the delivery of coach development and education is important in developing and delivering a quality experience for our basketball community. Basketball NZ has recognised the need to have qualified coach trainers (often also called educators or developers) in the new BBNZ Coach Framework to deliver the coach services.

To maintain and improve quality coach education experiences for our coach participants, we have developed a new Coach Trainer Programme. The BBNZ Coach Trainer Programme course is aligned with the Sport New Zealand Coach 'Train the Trainer' Programme. This will ensure continued international best practice in coach delivery and development. There are two coach developer streams; the BBNZ Zone Coach Trainer and the BBNZ Performance Coach Trainer.

The initial focus of the Coach Trainer Programme is to train and equip coach trainers to start promoting and delivering the new curriculum. BBNZ will develop a support programme for coach trainers and associations to help with the promotion, recruitment and retention of coaches. This will be developed with the input of the coach trainers and in conjunction with relevant campaigns and resources such as Sport NZ Volunteer programmes and Lotto Volunteer Foundation.

The recruitment, retention and development of coaches is an issue facing all sports and one that will require the co-operation and collaboration of all basketball organisations in New Zealand. The Coach Development Programme provides a robust framework for growing a healthy coach community. BBNZ looks forward to partnering with associations to foster a vibrant coach community enabling great basketball experiences for all.

## **BBNZ Coach Trainer Programme**



#### **National Trainer**

One BBNZ staff member will have the role of National Coach Trainer. They will be responsible for the training and ongoing support and development of Zone Coach Trainers.





#### **Zone Coach Trainers**

As identified in the All of Basketball Plan coach development is an ideal zone activity and BBNZ will encourage and support associations to implement collaborative coach development programmes.

To begin the process of delivering the new curriculum a minimum of 12 Zone Coach Trainers will be trained. These trainers may be in existing coach and/or hold development roles within associations or new part time roles may need to be created in the absence of existing roles in any zones. BBNZ may also use the National Coach Trainer or trainers from other areas as required.

Zone Trainers will attend a Coach Trainers Course where they will become accredited BBNZ Coach Trainers. Zone Coach Trainers will then have a least one annual training workshop at BBNZ.

Zone Coach Trainers will work within their association and across the other associations in their zone to assess the recruitment, training and development needs for coaches. Based on this they will then establish and deliver:

- An annual calendar of formal courses.
- A tailored range of informal learning opportunities.
- Support and development for association coaches.
- An accurate database of coaches across the zone on the BBNZ database.
- · Coach recruitment and retention initiatives.

To become a Coach Trainer, coaches need have

- Completed all stages in the Kiwi Hoops and Community levels (or trained as part of the programme roll-out).
- A desire to become a BBNZ Coach Trainer and to help coaches grow.
- · Been identified and nominated by the local association/regional entity.

#### Requirements

Participants will need to attend a 2-3 day workshop that will provide learning opportunities in the following key areas:

- 1. The Role of the Coach Trainer.
- 2. Planning and running compelling sessions.
- 3. Adult learning and competency based assessments.
- 4. Listening and communication skills.
- 5. Questioning, feedback and the review process.
- 6. Coach Mentoring.
- 7. Risk Management.

#### **Accreditation**

Coaches that complete the Coach Trainer Programme will be accredited as a BBNZ Coach Trainer. This entitles the coach to deliver BBNZ coaching courses in the Kiwi Hoops and Community Coach coaching streams.

#### **Performance Coach Trainer**

BBNZ will work with High Performance Sport NZ to deliver the coach developer programmes for the BBNZ Performance Coach Trainer.