This spreadsheet is to help you make sure that your players are entered within the right age group.

## Step 1 - Download the Spreadsheet

Step 2 - Put your players First and Last names in the correct columns
Step 3 - Enter the full Dates of Birth of each player within the DOB column (DD/MM/YYYY) (the age column will read ' 122 ' when the DOB column is empty)

Step 4 - The spreadsheet should automatically populate and give you how old that player is turning in 2022.

If the age column is showing a date, rather than an age, select the Age column, and then make sure the formula is set to "General" (pictured below)


