

Age Definitions for BBNZ National Competitions

The age eligibility for BBNZ tournaments in 2025 and forward are:

1. For Under 14 competitions, players must be aged either 11, 12 or 13 years as at 31 December in the year in which the competition is held;
2. For Under 16 competitions, players must be aged either 13, 14 or 15 years as at 31 December in the year in which the competition is held;
3. For Under 18 competitions, players must be aged either 15, 16 or 17 years as at 31 December in the year in which the competition is held.
4. For Under 20 competitions, players must be aged at least 15 years on the first day that the competition commences, and must not be over 19 years as at 31 December in the year the competition is held. BBNZ, on application by an Affiliated Association, and in its sole discretion, may allow any player selected for a New Zealand national team who is under 15 years of age, to play in an Under 20 competition.
5. For the Men's and Women's National Basketball League, all players must be aged 15 years on the first day that the competition commences.

All age eligibility regulations can be found in Book 4, on page 4 ([here](#)).

Below we have specified the calendar year, and the birth years that players may compete in each age group:

	U14	U16	U18	U20
2025 Players may compete if born in	2012, 2013, 2014	2010, 2011, 2012	2008, 2009, 2010	2006, 2007, 2008
2026 Players may compete if born in	2013, 2014, 2015	2011, 2012, 2013	2009, 2010, 2011	2007, 2008, 2009
2027 Players may compete if born in	2014, 2015, 2016	2012, 2013, 2014	2010, 2011, 2012	2008, 2009, 2010