

YOUNG ATHLETE: WHAT IS EXPECTED OF ME?

What is expected of me in basketball?

As a participant of basketball in Aotearoa, you are expected to comply with our [Code of Conduct](#)

It is important you understand what is in this document, and the consequences if you behave in a way that breaches this. This includes warnings, formal sanctions or if necessary, involvement of authorities such as the Police.

- It is **our** responsibility to provide education and resources (like this one) to explain these expectations in ways that make sense to you.
- It is **your** responsibility to participate, listen, read and engage in this.

If you have any concerns or barriers that make it hard to participate, listen, read or engage in the education and resources provided it is your responsibility to reach out and let someone know so the information can be adapted in a way that works for you.

What if I don't meet those expectations?

If you do not behave, act or communicate according to the expectations that have been listed here, or in the Code of Conduct or other policies, it will be taken seriously and there can be significant outcomes that may impact my ability to continue to be involved in basketball and in serious cases, may involve authorities such as the police

Ultimately, everyone has the right to play basketball in an environment that is safe and welcoming. It is your responsibility to make sure your behaviour isn't making someone else feel unsafe.



Code Standards

Mana Respect

We acknowledge the mana of others by showing respect, kindness and support.

Respect helps create a fair, positive basketball environment, where everyone feels welcome and valued.

To do this, we:

- respect each person's value and dignity, and create a respectful and encouraging environment
- accept and appreciate our differences, so everyone knows they are part of the team
- are open and honest about decisions when we can
- are fair and consistent, following BBNZ's rules and policies properly
- don't discriminate against anyone – no matter their gender, sexuality, ethnicity, race, beliefs, disability, age, or background
- support each other to be our best
- put people first in our day-to-day work
- help others when needed
- work well with others across the basketball community
- speak up if we see or suspect disrespectful behaviour – don't ignore it.

Unacceptable behaviours:

- swearing or making inappropriate jokes or comments
- refusing to follow a policy or rule
- sending angry or aggressive messages or emails
- belittling or shouting at someone.

Tika Integrity

Living our value of tika means doing the right thing – being authentic, transparent, and accountable. Acting with integrity helps protect basketball across Aotearoa, and keeps the sport honest, fair, and respected. When we show tika, we set a good example and build trust across our community.

To live this value, we must:

- help basketball in Aotearoa stay strong and sustainable, and work together
- to reach our shared goals
- follow the Code of Integrity for Sport and Recreation
- protect basketball by following the rules, policies, and regulations
- be honest, positive, supportive, and caring for one another
- make basketball safe by:
 - » meeting health and safety standards
 - » using safe, age-appropriate equipment and training
 - » encouraging players to get medical help when they're injured or sick
 - » never using or accepting verbal, physical or emotional abuse
- provide a good experience by:
 - » helping players look for ways to learn and improve
 - » offering training and competitions that suit people's abilities and goals
- support a drug- and alcohol-free sporting environment, following
- guidance from the Sports Integrity Commission (The Commission)
- play fairly and play hard
- respect referees, coaches, team management and volunteers – and their decisions
- own up to mistakes and learn from them
- celebrate our wins

Unacceptable behaviours:

- swearing or making inappropriate jokes or comments
- refusing to follow a policy or rule
- sending angry or aggressive messages or emails
- belittling or shouting at someone.

Hono Connected

Our value of hono means staying connected with each other. It's about belonging, working together, and creating positive experiences for everyone in basketball, no matter their age or background. When we feel connected, we're proud of what we do and support each other to succeed

To live our hono value, we must:

- separate our personal interests from our role in supporting basketball across Aotearoa New Zealand
- build respectful, professional relationships with others in the basketball community
- have respectful, open and honest conversations, using language that reflects our values
- be active listeners and respect different views
- be fair, reasonable and timely when we deal with others
- be transparent and avoid any bias or unfair treatment – even if it's unintentional
- share useful information to help others succeed
- work with others, like schools, mana whenua, councils and local organisations – to make well-informed decisions
- take a real interest in making basketball better, and speak up with ideas to improve how we work
- be involved and engaged with problem solving
- make our environment inclusive and welcoming, bringing a positive, team-focused attitude
- ask questions if we're unsure – it's okay to ask for advice.

Expectations of me when using social media

These expectations extend to your online behaviour, so it is important to call this out.

You are responsible for how you communicate online (with a coach, teammates, players and coaches of the opposing team) and there are consequences if your behaviour doesn't align with these expectations.

This includes:

- Using derogatory, degrading and harmful language
- Bullying and harassment
- Body shaming
- Sexual harassment
- Taking and/or sharing explicit or intimate images of someone under 18
- Taking and/or sharing images of anyone without their consent
- Doctoring or altering images of anyone

If you are not sure if something is a breach or considered online abuse, go to the [Department of Internal Affairs | Te Tari Taiwhenua](#) or [netsafe](#) for more information.

Protecting yourself online

Equally, you have the right to be safe online and protected from online abuse.

Tip 1: Know the risks and impacts

Tip 2: Set up for safety

Tip 3: Know your sports rules and policies

Tip 4: Keep boundaries when communicating with children and young people

Tip 5: Be mindful when taking and sharing photos and videos

Tip 6: Manage your digital reputation

Tip 7: Know how to report serious online abuse

Tip 8: Champion fair play online

Go to [netsafe](#) for more information on how to improve your online safety.